

# NIKI HARDY

AUTHOR. SPEAKER. COACH.  
RELENTLESS ENCOURAGER



*"Because life doesn't have to be pain free to be full,  
so let's go live it!"*

NikiHardy.com

*As seen on ...*



**RELEVANT**



**CHRISTIAN TODAY**



**You will want to listen to her forever.**

"Every time I hear Niki speak I find myself scrambling for a pen and the back of a candy wrapper so I can take frantic notes. You will want to listen to her forever and you'll want to supply pens full of ink and lots of fresh paper for note taking."

~ Myquillin Smith "The Nester,"

Wall Street Journal and New York Times bestselling author



**Niki brings humor, grace, and understanding  
to the hardest topics.**

"Her captivating story telling, biblical truths and down to earth approach leave you filled with hope, stronger in your faith, and more able to face whatever life brings "

~ Allison Bolet Cafaro

Women's Ministry Leader, CityChurch, Charlotte

**TO BOOK NIKI FOR YOUR EVENT**  
please email [speaking@nikihardy.com](mailto:speaking@nikihardy.com)

# About NIKI

Niki Hardy is a Brit in the USA, author, speaker, coach, and cancer Thriver, who knows what it's like to live a life you never signed up for and wrestle with God through it. Her number one goal is to help you discover how with God, life doesn't have to be pain-free to be full, then go live it (while having some fun along the way).

At heart, Niki is a passionate people person and relentless encourager who's happy place is on a stage, at a retreat, or in a breakout session, helping people see how loved and seen they are by her and God.

She is the author of *Breathe Again: How to Live Well When Life Falls Apart, One Minute Prayers For Women With Cancer*, amongst other titles ([here](#) and [here](#)) as well as the host of the Chemo Chair Prayers podcast and The Trusting God Through Cancer Summit.

Her work has been featured on The HallMark Channel, LifeToday, 100 Huntley Street, Christian Today, iBelieve and Relevant Magazine.

She and her husband, Al, are new empty nesters and when she's not speaking, writing, or running trails with her lovely, but rather ridiculous, Goldendoodles, you can find her having tea with friends or figuring out which remote turns the TV on.



”

IF YOU WANT TO  
BREATHE AGAIN  
YOU MUST BREATHE IN  
THE ONE WHO IS THE  
VERY BREATH OF LIFE.

– NIKI HARDY

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# Speaking TOPICS

All topics can be adapted to keynote, retreat, breakout or workshop messages and will be customized to your audience's needs.

## **FINDING MORE WHEN LIFE HANDS YOU LESS THAN YOU HOPED FOR**

Unfortunately no one gets to skip the tough stuff; a scary diagnosis, the loss of a loved one, a divorce, bankruptcy, infertility, the list goes on. God said we'd have troubles, yet He also said He came to give us full, abundant lives. Holding these two seemingly contradictory verses together, Niki encourages us:

- We don't need to wait for the troubles to end to experience the abundant life God has for us.
- Joy, connection, laughter and intimacy are waiting where worry, anger, and exhaustion are strongest.
- It's OK to laugh when all you want to do is cry.

## **HOW TO TRUST GOD WHEN YOU CAN'T STOP WORRYING**

No one is immune to worry. It impacts every part of our lives from our health, relationships, well being and faith. Whether we want to stop sweating the small stuff, learn how to fight back when worry keeps us up all night, or know if God cares about what's got us tied up in knots, this practical, action packed and empowering talk will show us how to ;

- Build the confidence and tools to deepen our trust in God so we can win the war on worry.
- Discover the calm and confidence to handle anything life throws at us
- Exchange our worrying mindset for a Biblical mindset that will set you free.

## **WHAT KIND OF GOD ALLOWS SUFFERING?**

In this moving talk, Niki looks at the standard Christian response to why God allows suffering before answering the deeper question many of us wrestle with, "What does He have to say to *me* in *my* heartache?" We are challenged to encounter the God who meets us in the three areas that compound our suffering but when dealt with, bring abundant life, right in the midst of our hardest seasons.

- Personalization – the belief our suffering is all our fault
- Pervasiveness – the belief our suffering will affect every area of our lives
- Permanence – the belief that we will always feel this way.

## **HOW TO HEAR GOD'S VOICE IN OUR NOISY WORLD**

The world's a fast paced, noisy place, constantly bombarding us with messages good and bad. Add our own inner voice and the lies of the enemy and it's no wonder we struggle to hear God's still small voice. Discover how to:

- Distinguish between the voices of God, the enemy, the world and ourselves
- Use neuroscience and both sides of your brain to actively listen to God
- Quieten the world and tune into God to hear what He's saying to you today

## **DANGEROUS HOPE**

Hope is the enemy of fear (Dave Ramsey) and fear fuels the lies we believe about ourselves and God. So how do we cultivate hope when life is tough and we feel like God's forgotten us, is angry or doesn't love us anymore. Niki helps you build hope that's dangerous to the pain, fear and lies by:

- Checking out God's credentials to determine if He's worthy of our trust.
- Naming and shaming the fear fueled lies we believe
- Replacing them with the biblical truth of His love.

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# Speaking TOPICS

## **WOMAN UP! DEBORAH AND THE CHALLENGING GIFT OF LIVING OUT YOUR CALL**

Are the promises of God just cute fridge magnet quotes? How we can lay hold of these promises and the promised land God has for us? The book of Judges and specifically Deborah, has our answer. Niki unpacks Deborah's call to Woman Up and inspires us to step into the promises and call God has for each us by;

- Owning Up: to what's really going on in our lives and hearts
- Listen Up: to what God is saying to us and through us
- Armoring Up: to going into battle to claim what God has given us

## **HACK YOUR SELF-TALK AND LOVE THE REAL YOU**

We want to be confident yet we bully ourselves with negative self-talk we can't stop, before beating ourselves up for doing it again. We live with low self esteem, doubting we're good enough, loved by God, or our faith's strong enough to change. In this honest and practical talk Niki will show you how to;

- Recognize the four different "voices" we all have speaking to us at all times
- Notice, Name and Nuke the negative voices and absorb God's voice of love
- Love the real us and go into our days with confidence, assurance and purpose.

## **WAKING UP HAPPY WHEN YOU'RE TIRED OF BEING TIRED**

Research shows 3 out of 5 U.S. adults feel more tired now than ever. Never feeling tired is unrealistic yet we're caught in the Tiredness Trap; running to catch up, crabby, and overwhelmed - not God's plan for us. In this energizing talk Niki helps us break free and live Untired by.

- Understanding the hidden cause of our tiredness.
- Replacing our go-to coping strategies with simple, actionable, energy-giving solutions (not quick fix band-aids)
- Building lasting habits to wake up energized, excited to go into our day

## **LOVED: FEELING GOD'S LOVE IN OUR HEARTS, NOT JUST OUR HEADS**

Many of us know the facts of God's loving presence but long for more of the feelings. Our pain doesn't feel like the work of a loving God, we're not sure how to encounter his love, or we never feel the warm, comforting embrace we're longing for. So what can we do? Through heart warming examples, practical steps and Biblical examples, this encouraging message shares;

- How to find the personal, practical ways God created us to experience his love, so we can be certain he's with us and loves us
- The Biblical faith-igniting power of experiencing his love
- A gentle path to making God's outrageous love tangible, so we can move through your days with confidence, peace and the assurance you long for.

## **THRIVING THROUGH CANCER**

Having lost her mum and sister to cancer Niki was diagnosed so she understands cancer's devastating impact on our lives. Despite being determined to survive, eventually surviving is often all we're doing. In this moving, inspiring, and often amusing message, we discover how with God, "life doesn't have to be pain free to be full" and we can thrive in the midst of our cancer. Be encouraged and equipped to;

- Face fear and worry with confidence, peace and a hope-filled mindset
- Exchange the lies cancer tells us about ourselves and God for the Biblical truth of his love and comfort
- Break out of survival mode and thrive, knowing they've got this because God's got them, no matter what.

# Niki's Speaking ENDORSEMENTS

YOUR FRIEND ON THE PAGE AND THE STAGE



““We were thrilled to have Niki Hardy as a keynote speaker at our Winsome Retreat. Niki shares her inspiring message with authenticity, humor, and compassion. **Her perspective encourages women to face life's inevitable trials with both courage and hope.**”

~ Kim Hyland, Winsome Living Retreat Host,  
author of *An Imperfect Woman: Letting Go of the Need to Have It All Together*

“**Listening to Niki is like catching up with an old friend.** Her humor is infectious and her wit and wisdom is hard earned. Her willingness to be truly transparent with life's messiness helps the rest of us to feel safe to do the same.”

~ Deb James, conference attendee



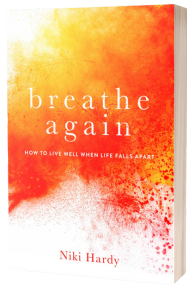
“**Having Niki speak at St Mary's was an absolute gift.** Her vulnerability, sense of humor and passionate reliance on God's faithfulness in the midst of the chaos of life, was both inspiring and life changing for our congregation. **Her ability to speak so openly about the challenge of living life in fullness in the face of adversity paved the way for an incredibly powerful time of prayer after her talk.** “

~Rev. Ben Jones, St Mary's, London, England



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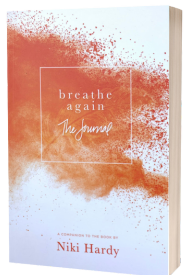
# BOOKS + RESOURCES



## **BREATHE AGAIN: HOW TO LIVE WELL WHEN LIFE FALLS APART**

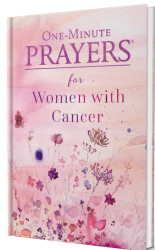
No one gets to skip the tough stuff and when life crumbles it threatens to drown us. We're left overwhelmed, unable to catch a breath, questioning God, and merely surviving a life we never signed up for. Sound familiar?

Breathe Again is the practical, no nonsense friend you need at times like this. Through seven hands-on practices and stories from others who've been there, as well as prayers and questions to guide you, discover how life doesn't have to be pain-free to be full, then go live it.



## **BREATHE AGAIN: THE JOURNAL**

This beautiful, high quality journal acts as a companion to compliment your journey through the Breathe Again book. With helpful tips on how to best use the journal, as well as guidance on how to hear God's voice as you answer the prompts in Breathe Again, this journal offers a place to go deeper with God and process and pray through your daily life.



## **ONE MINUTE PRAYERS FOR WOMEN WITH CANCER**

A book of bite-sized devotions, Scripture verses, and prayers to help women cope with the fear, anxiety, and uncertainty that comes with cancer. With wisdom, insight, empathy, and yes, a little humor, Niki helps you transform fear into faith and navigate the ups and downs of your cancer journey. Experience God's peace and provision during this challenging time.



## **CLOSER TO GOD BOOK + AUDIO BUNDLE**

Life is beautiful, painful, exhausting, glorious, and heart breaking. Often all in one day. And the closer we feel to God the more able we are to not just handle it, but love it! Discover how to hear God's voice, feel his love and connect with Him in the book and audio bundle.

## **A GIFT FOR EVENT ATTENDEES**



## **LOVE THE LIFE YOU HAVE BY GROWING THE FAITH YOU LONG FOR**

Three super-simple, down-to-earth guides for building a faith that never fails. No matter what.

- How To Trust God When You Can't Stop Worrying
- Hack Your Self Talk And Love The Real You
- Waking Up Happy When You're Tired Of Being Tired

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# Speaking EXPERIENCE

## TV + RADIO

LifeToday  
The Hallmark Channel  
100 Huntley Street  
Premier Christian Radio  
United Christian Broadcasters, UK

A SMALL EXAMPLE OF PLACES  
NIKI HAS SPOKEN  
AMONGST MANY OTHERS

## RETREATS + CHURCH EVENTS

INSPIRE RETREAT,  
Camdenton, MO

OVERFLOWING RETREAT,  
Raleigh, NC

ABUNDANCE RETREAT  
Valle Crucis, NC

WINSOME RETREAT,  
Stroystown, PA

Flipside Church,  
Los Angeles, CA

Pathway Church,  
Redlands, CA

Mount Pisgah Lutheran Church,  
Hickory, NC

CityChurch,  
Charlotte, NC

iCUTalks, Charlotte, NC

## WOMEN'S EVENTS + GROUPS

LIFE BIBLE FELLOWSHIP CHURCH,  
Upland, CA

SHE FOUND JOY TOUR,  
Franklin, TN

SHE FOUND JOY TOUR,  
Elkhart, IN

SHE FOUND JOY TOUR,  
Grand Rapids, MI

SHE FOUND JOY TOUR  
Sioux Falls, SD

SHE FOUND JOY TOUR,  
Tallahassee, FL

Charity Baptist Church,  
Kannapolis, NC

INSPIRING WOMEN  
Charlotte, NC

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# CONTACT *Niki*



## TO BOOK NIKI FOR YOUR EVENT:

Please fill out her **SPEAKING REQUEST FORM**

And connect with her via:

**EMAIL:** [speaking@nikihardy.com](mailto:speaking@nikihardy.com)

**WEBSITE:** [NikiHardy.com](http://NikiHardy.com)

**INSTAGRAM:** [@Niki.Hardy](https://www.instagram.com/Niki.Hardy)

**FACEBOOK:** [@NikiHardyAuthor](https://www.facebook.com/NikiHardyAuthor)

## You'll find a friend within these pages.

If you're struggling with what your life looks like right now, **this book offers real help and tangible hope.** Niki writes with empathy, humor, gut-level honesty. You'll find a friend within these pages.

~ **Sheila Walsh**  
cohost of *Life Today*  
and author of *It's Okay Not to Be Okay*



Invite Niki to your event and you'll find  
a friend on the page and on your stage.

Taking time to meet with you before hand to hear about your event  
and the specific needs of your audience, Niki loves to meet with,  
pray for, and get to know the people you serve.

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